

VOLUME 03, ISSUE : 01

# CARITAS CHRONICLE

Caritas College of Nursing  
JANUARY 2024 – JUNE 2024

Newsletter

# MOU SIGNING

Caritas College of Nursing & Salford University, UK



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"UNITING GLOBAL MINDS  
ENRICHING NURSING EDUCATION"

---

Kenotic love saves life

**0481 6811110**

[www.caritascollegeofnursing.in](http://www.caritascollegeofnursing.in)



**CARITAS**  
COLLEGE OF NURSING

Affiliated to KUHS, Thrissur & Approved by INC, KNMC

Together we heal

Spreading the Radiance of Good Health and Happiness

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**CHIEF EDITOR**  
**Rev. Dr. Binu Kunnath**  
Director, Caritas Hospital &  
Institute of Health Sciences



**EDITOR IN CHARGE**  
**Prof. Twinkle Mathew**  
Principal  
Caritas College of Nursing

## EXECUTIVE EDITOR



**Prof. Asha Liz Mani**  
IQAC Co-ordinator  
Caritas College of Nursing



**Ms. Sunitha K**  
Lecturer  
Caritas College of Nursing

## EXECUTIVE BOARD



**Ms. Anu Joseph**  
Assistant Professor  
Caritas College of Nursing



**Ms. Liji R Kurian**  
Assistant Professor  
Caritas College of Nursing



**Ms. Jishamol Joseph**  
IV Year BSc Nursing  
Caritas College of Nursing



**Mr. Albert P Iycen**  
6th Sem BSc Nursing  
Caritas College of Nursing



**Rev. Dr. Binu Kunnath**

Director

Caritas Hospital &  
Institute of Health Sciences

Greetings!

We are thrilled to share exciting developments in the international collaboration between Caritas College of Nursing, Caritas Hospital and Institute of Health Sciences, and the University of Salford. This partnership marks a significant milestone in our shared vision for academic excellence, global research advancement, and fostering international academic relationships.

One of the key areas of focus for this collaboration is research, where our institutions will work together to conduct impactful studies aimed at advancing healthcare practices and improving patient outcomes. By joining forces with the University of Salford, we aim to strengthen our research capabilities and contribute to global health solutions.

Additionally, the collaboration opens up opportunities for student exchange programs, allowing our nursing students to experience diverse healthcare systems, cultures, and practices. This experience will broaden their perspectives and enrich their learning journey.

Equally exciting is the opportunity for faculty exchange, enabling our academic staff to share knowledge, insights, and teaching methodologies with their counterparts at the University of Salford. This exchange will ensure that our faculty remains at the forefront of nursing education and research.

This collaboration is a testament to our ongoing commitment to enhancing the quality of education and research in the healthcare sector. We are confident that this partnership will foster a rich, global learning environment for both our students and faculty and will play a pivotal role in shaping the future of healthcare education.

We look forward to the continued success of this partnership and the exciting opportunities it will bring for all involved.

Warm regards,

**Rev. Dr. Binu Kunnath**

Director,

Caritas Hospital and Institute of Health Sciences



**Prof. Twinkle Mathew**  
Principal  
Caritas College of Nursing

Greetings!

In a rapidly changing world, where boundaries between nations are becoming increasingly fluid, the need for global cooperation and knowledge exchange has never been more critical. At Caritas College of Nursing, we are embarking on a bold new chapter in our journey—one that is rooted in the power of international collaboration. As nurse educators and healthcare professionals, we recognize that the complexities of present healthcare demand not only specialized skills but also a broader understanding of global health.

Our institution, known for its commitment to excellence in nursing education, is expanding its horizons by fostering meaningful partnerships with international institutions. This new chapter signifies much more than a simple academic alliance. It is about building bridges between cultures, learning from each other's strengths, seeking research collaborations, faculty and student exchange programs, online learning from international faculty, and preparing our students to thrive in an interconnected world.

International collaboration brings immense value to both students and faculty. For our nursing students, exposure to diverse healthcare practices and policies will broaden their perspectives, giving them a comprehensive understanding of global health systems. They will gain insight into varied approaches to patient care, medical technology, and community health initiatives. These experiences will equip them to be better prepared for the challenges and opportunities they may encounter as future leaders in the field of nursing globally. This continuous sharing of knowledge will foster an environment of innovation, enhancing the quality of education and research at Caritas College of Nursing.

As we take these important steps toward expanding our global reach, we remain deeply committed to maintaining the high standards of nursing education that Caritas College of Nursing is known for. Our core values of quality culture, social accountability, academic excellence, and professionalism will continue to guide us as we work with our international partners to achieve common goals.

In closing, starting this new chapter of international collaboration is an exciting milestone for Caritas College of Nursing. Let us embrace this opportunity with open hearts and minds, knowing that the strength of global partnerships will help us build a healthier, more connected world.

Wishing you all continued success and growth.

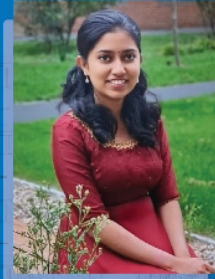
**Prof. Twinkle Mathew**  
Principal

## ACHIEVEMENTS

23  
January  
2024



മുഖ്യമന്ത്രിയുടെ പ്രതിഭ പുരസ്കാരമായ  
ഒരു ലക്ഷം രൂപയും അവാർഡും കരസ്ഥമാക്കിയ



**HELAN ANTONY**  
(B.Sc. Nursing 2017 - 2021 Batch)  
Caritas College of Nursing, Kottayam

**അഭിനന്ദനങ്ങൾ**

- മാനേജ്മെന്റ്, സ്റ്റാഫ്, സ്റ്റുഡന്റസ്

**Ms.Helen Antony**

(2017-2021 batch BSc Nursing student)

received the **Chief Minister's Prathiba Puraskaram Award**  
of Rs. 1 lakh on 23rd Jan 2024.

CARITAS COLLEGE OF NURSING  
**ACHIEVED 100%**  
*Pass*



**B. Sc. NURSING**



**M. Sc. NURSING**



**POST BASIC B. Sc. NURSING**

**ELEVEN DISTINCTIONS AND  
ALL FIRST CLASS**

**ALL FIRST CLASS**

**ALL FIRST CLASS**

***Congratulations...***

**TO THE OUTGOING BATCHES FOR  
THEIR EXCELLENT RESULTS!**

Management, Principal, Staff & Students  
Caritas College of Nursing  
30.05.2024

[www.caritascollegeofnursing.in](http://www.caritascollegeofnursing.in)



4th Year Bsc Nursing(2020 Batch), Post Bsc Nursing(2021 Batch),  
Msc Nursing (2022 Batch) students,  
secured a stellar **100% pass rate** in University Examination

# INTERNAL QUALITY ASSURANCE CELL



Faculty attended program on Medical Education Technology organized by KUHS

**WORKSHOP EXCELLENTIA**  
**AM I EXCELLENT IN MS EXCEL?**

ORGANIZED BY:  
**Internal Quality Assurance Cell - IQAC**

Target Audience : Nursing Faculty, Office Staff & Advanced Learners

**Resource Persons :**

<b>Ms. Ambily Nadaraj</b> Statistician Caritas Research and Development cell	<b>Mr. Krishnakumar K</b> Statistician Caritas Research and Development cell
<b>Ms. Irin Elsa Zachariah</b> Data Scientist - BI Caritas Research and Development cell	

16.04.2024 & 19.04.2024  
 09:00 AM - 01:00 PM  
 Conference Hall, Caritas College of Nursing

**16,19**  
 April  
 2024

WORKSHOP EXCELLENTIA " AM I EXCELLENT IN MS EXCEL? Organized for teaching and office staff

**TUTELAGE 2024 SERIES I**  
**ICT TRAINING ON**  
**"EPSON MULTIMEDIA PROJECTOR"**

ORGANIZED BY:  
**CNE DEPARTMENT, CARITAS COLLEGE OF NURSING**

To empower teachers and office staff with the necessary skills and knowledge to maximize the potential of multimedia projectors in their professional environments, enhancing their ability to deliver impactful presentations and facilitate effective learning experiences.

**RESOURCE PERSON**  
**Mr. BIBINESH V**  
 TRAINER  
 K M TECHNOLOGIES

**15**  
 April  
 2024

TUTELEGE 2024 series 1, ICT (Information Communication Technology) training on "EPSON MULTIMEDIA PROJECTOR" conducted for Nursing Faculty

**11**  
 May  
 2024

Faculty Development Program on  
**ACADEMIC & ADMINISTRATIVE AUDIT (AAA)**

Speaker :  
**Prof. Dr. N. Vanitha Rani**  
 M. Pharm, PhD,  
 Accreditation Mentor, PSQC,  
 Chennai.

11<sup>th</sup> May 2024 9.30am - 4.30 pm  
 Caritas Edutity Campus

**CARITAS** COLLEGE OF PHARMACY  
**CARITAS** COLLEGE OF NURSING

Faculty development program on "Academic and Administrative Audit" ( AAA) organized by Caritas College of Nursing in association with Caritas College of Pharmacy

**IQAC (Internal Quality Assurance Cell) Organizes**  
**QUALITY TRAINING SESSION**  
 Infection control practices  
 at Caritas Hospital and Institute of Health sciences

**Resource person**  
**Dr. Deepthi Madhu**  
 Chief Quality and Infection control Officer,  
 Caritas Hospital

**Ta**  
 Nursing faculty, 1st Sem BSc (N),  
 1st year PBB

**09**  
 February  
 2024

Quality training session, "Infection control practies" for 1st Semester, 3rd Semester Bsc Nursing, 1st year Post-Basic Bsc Nursing students and Teaching Staff


Nursing care plan presentation, "A skill improvement session" by Ms Neethu Francis , 1st year PBBSc, on 19th January 2024

# NEW VENTURES

## HRMS Software

Employee Self Service Portal (ESSP) system for the employees initiated

### HUMAN RESOURCE DEPARTMENT



We are happy to inform all Caritasians, the implementation of a new Employee Self Service Portal for HR related needs.

Some of the features available are:

- View self profiles.
- View details of Attendance.
- Leave/ Coff / On duty Application or Cancellation.
- Details of Leave availed / Balance.
- Salary details / Pay slip.
- Duty Roster details and many more.

How to get into

- Use Google Chrome.
- Type "hrms.caritashospital.org" at the URL.
- USER NAME : EMPLOYEE ID.
- PASSWORD : password (Default).

(For security reason change the password immediately).

.....For query please feel free to contact HR Department.....

International Collaboration with University of Salford, Manchester, UK



**MOU SIGNING CEREMONY**, University of Salford, UK With Caritas College of Nursing and Caritas Hospital Marked a Significant Milestone to promote Collaboration in Academic and Research Activities



# TEACHERS' DESK

## NEWLY JOINED STAFF



**Ms. Pinky Jose**  
Asst. Professor  
Dept of Community  
Health Nursing



**Ms. Smitha Varghese**  
Lecturer  
Dept of Child Health  
Nursing



**Ms. Neethu Kunjumon**  
Lecturer  
Dept of Medical  
Surgical Nursing



**Sr. Sayoojya Therese**  
Lecturer  
Dept of Obstetrical and  
Gynaecological Nursing



**Dr. Bindu John**  
Associate Professor  
Dept of Community  
Health Nursing



**Ms. Shilpa Sivan**  
Lecturer  
Dept of Medical  
Surgical Nursing

## FAREWELL



**Mr. Mebin Ninan Babu**  
Associate Professor  
Department of  
Community Health  
Nursing



**Sr. Amal S.V.M**  
Assistant Professor  
Department of Medical  
Surgical Nursing



**Sr. Pavithra**  
Office Superintendent  
Department of  
Administration



**Mr. Raju**  
Office Assistant

## FACULTY AS RESOURCE PERSONS



**Ms. Nomimol Lucy Thomas**, Assistant Professor, Pediatric Nursing Department as resource person on the topic  
**" PSYCHOLOGICAL FIRST AID "** at Police club, Kottayam

## FACULTY DEVELOPMENT PROGRAM –FDP

Faculty conducted and attended the continuing nursing education and Journal club programs

♦ **Ms. Julia Jose**,  
 Lecturer,  
 on **" Hyperbaric oxygen treatment "**  
 11<sup>th</sup> April 2024

♦ **Ms. Emil Mathew**,  
 Lecturer,  
**" Rabies pre and post prophylaxis "**  
 on 4<sup>th</sup> May 2024

♦ **Mrs. Jincymol George**,  
 Associate professor, on  
**" Community health diagnosis in a tribal hamlet : A case study from India "**

♦ Faculty attended State level workshop on  
**"Systematic review and Metaanalysis"**  
 at M.O.S.C College of Nursing, Kolencherry

♦ **Mrs. Asha Liz Mani** ,  
 Professor, on **" Writing an Article "**  
 on 24<sup>th</sup> April 2024

♦ **Ms. , Nomimol Lucy Thomas**,  
 Assistant professor,  
**" Work related stress Management "**  
 3<sup>rd</sup> May 2024

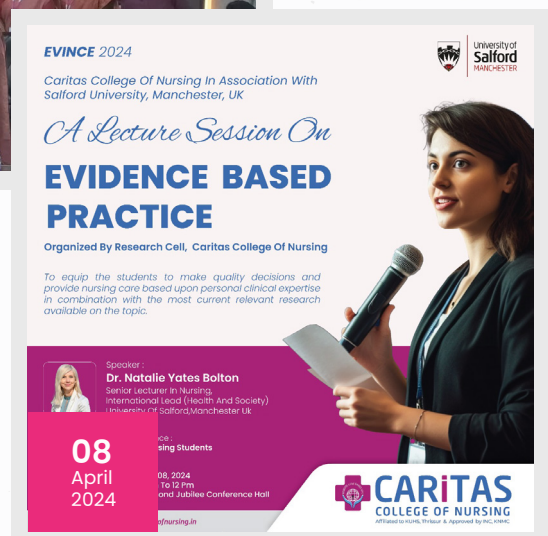
♦ **Dr. Gesa George**,  
 Associate Professor on  
**"Impact on Gestational Diabetes Mellitus to maternal and neonatal health"**  
 14<sup>th</sup> April 202



**REBOOT RESEARCH METHODOLOGY CONCLAVE** organized by Research and development cell and Community Medicine Department of Caritas hospital in association with Caritas college of Nursing on April 12<sup>th</sup> 2024



**EVINCE 2024**, A session on “**Evidence Based Practice**” organized by research cell, in association with University of Salford, Manchester, UK



# OUTREACH PROGRAMMES

## Medical Camps



ദേവീകുളം താലൂക്ക് വ്യാപാരി വ്യവസായി സർവീസ് സഹകരണ സംഘവും കാരിത്താസ് ആശുപത്രിയും സംയുക്തമായി, കാരിത്താസ് നഴ്സിംഗ് കോളേജിന്റെയും കാരിത്താസ് ഫാർമസി കോളേജിന്റെയും പങ്കാളിത്തത്തോടെ സംഘടിപ്പിക്കുന്ന

### സൗജന്യ മൾട്ടി സ്പെഷ്യാലിറ്റി മെഡിക്കൽ ക്യാമ്പ്

മെയ് 19ാം തീയതി ഞായറാഴ്ച 10 മണി മുതൽ അരിമാലി ഹെഡ് ഓഫീസിൽ വെച്ച് നടത്തപ്പെടുന്നു.

**പ്രധാന വിഭാഗങ്ങൾ**

- ജനറൽ മെഡിസിൻ
- ഹൃദയോക്തൃകേന്ദ്രം
- താൽപ്പര്യം
- ദാർശനികചികിത്സ
- കാർഡിയോളജി
- ഡെർമറ്റോളജി

മേൽപ്പറഞ്ഞ വിഭാഗത്തിലെ വിദഗ്ദ്ധ ഡോക്ടർമാരുടെ സേവനം രജിസ്ട്രേഷൻ രാവിലെ 8 മണി മുതൽ ആരംഭിക്കുന്നു. കൂടുതൽ വിവരങ്ങൾക്കും ബുക്കിങ്ങിനും: 9446227063, 623845014

SPREADING THE RADIANCE OF GOOD HEALTH AND HAPPINESS

**19 May 2024**

Organized a **medical camp** in collaboration with Caritas Hospital and Institute of Health and Science and Vyapara Vyavasaya Sahakarana Sangham at Head Office Hall, Idukki.



Caritas College of Nursing, in collaboration with Caritas Hospital and the organizations KCC, KCWA, and KCYL of Holy Kings Khanaya Catholic Forane Church organized a **comprehensive medical camp** at Holy Kings Public School, Piravam



NSS Volunteers participated in **Medical Camp** organized by Caritas Hospital at KE College, Mannanam for their Alumni



NSS Volunteers participated in Medical Camp organized by Caritas Hospital at Kottayam



**CARITAS HOSPITAL & DEPARTMENT OF HEALTH SCIENCE** | **CARITAS COLLEGE OF NURSING**

## Poster Making COMPETITION

**Rules & Regulations**

- o 2 participants from each department
- o Spot Registration
- o Poster size 22\*26 inch
- o Theme will be given on the spot
- o Poster title can be exhibited on the front side
- o Only chest number of the participant should be mentioned on the back of the paper.
- o Only handmade posters are allowed (printed materials can't be used)
- o Participants are requested to bring the drawing materials to the spot.
- o Mobile phones are not permitted to the hall
- o Late entries are not permitted.
- o Time duration 1 Hour

**Criteria for validating content will be based on ;**

- o Title
- o Creativity and presentation.
- o Originality layout
- o Resource utilization
- o Relevance to the theme

**27 May 2024** | **04 440** | **May, 2024 | 03:00 PM**  
 Caritas College of Nursing Auditorium

**EMERGENCY MEDICINE & TRAUMA CARE**  
**EMERGENCY MEDICINE Day**

On **Emergency Medicine Day** celebration, a Poster making competition was organized by Caritas Hospital in association with Caritas College of Nursing



**CARITAS COLLEGE OF NURSING**  
 Affiliated to KUHS, Thiruvananthapuram & Accredited by INAC, KPMAC

CARITAS COLLEGE OF NURSING, DEPARTMENT OF CHILD HEALTH NURSING IN COLLABORATION WITH CARITAS HOSPITAL, DEPARTMENT OF PEDIATRICS PRESENTS

## Complementary feeding day

# NOURISH THE FUTURE

Health talk and health play on 'Complementary feeding'

**DATE : JUNE 6, 2024**  
**TIME : 10.00AM**  
**VENUE : INFRONT OF PEDIATRIC OPD**

**06 June 2024**

**Complementary feeding day** program on 6<sup>th</sup> June organized by Child Health Nursing department, Caritas College of Nursing and Department of Paediatrics, Caritas hospital.

# NATIONAL SERVICE SCHEME



World Tuberculosis Day celebration



## NSS Annual Camp 21-27 March 2024



Annual camp



World water day celebration



Non communicable disease screening camp at Ettumanoor KSRTC bus stand



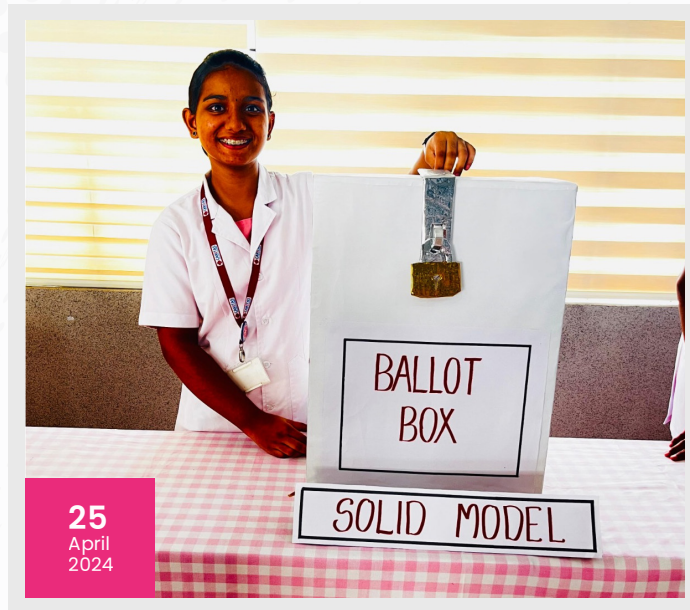
Screening Camp and health education at St. Joseph's church, Thellithodu, Idukki

- ♦ Pothichor distribution
- ♦ Jeevan tea factory visit



NSS unit visit to Green valley development society

## NATIONAL SERVICE SCHEME



25  
April  
2024

**AV Aid exhibition on the theme "Election 2024"**



10  
May  
2024

**Visit to Navajeevan Charitable Trust, Kottayam and providing financial assistance**



16  
May  
2024

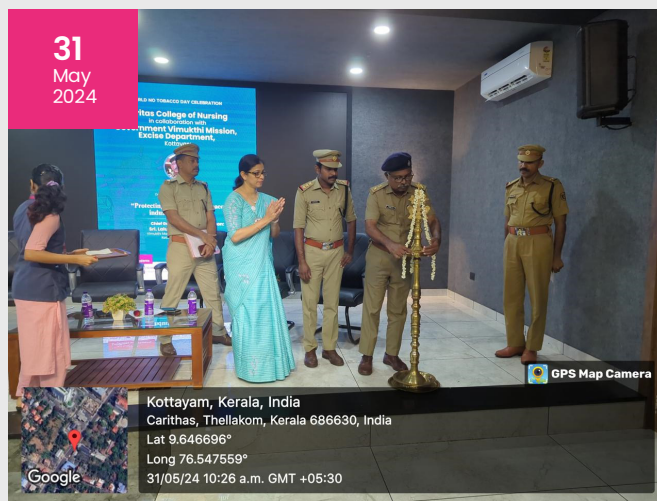
**Celebrated National Dengue Day, inaugurated by Shri Jose Ambalakulam, President of Athirampuzha Panchayath at Sub- Center Nalpathimala**

21  
May  
2024



Commemorated **Anti-Terrorism Day** by taking an oath in remembrance of the assassination of former Prime Minister Shri Rajiv Gandhi

31  
May  
2024



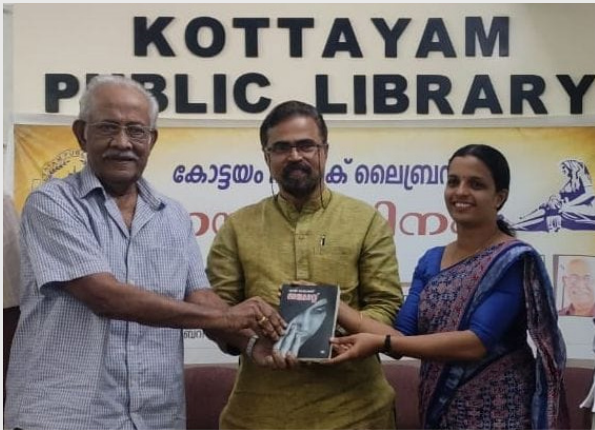
Celebrated **World No Tobacco Day** in collaboration with Government Vimukthi mission, Excise Department, Kottayam, inaugurated the function by Shri. V.A Pradeep, Deputy Excise Commissioner, Kottayam



14  
June  
2024

NSS unit in collaboration with Caritas hospital **celebrated World Blood Donor day**

# NATIONAL SERVICE SCHEME



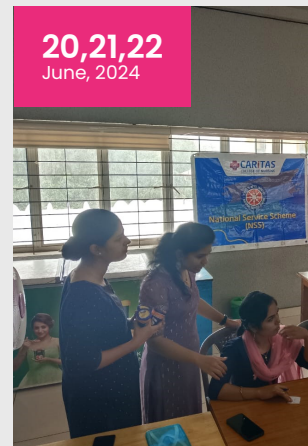
19  
June  
2024

**Celebrated National Reading Day** in collaboration with Kottayam Public Library.  
Dr. C.T Aravindakumar, Vice Chancellor, M.G University, Kottayam inaugurated the function on



21  
June  
2024

**Celebrated International Yoga day**



20,21,22  
June, 2024



**NSS: Fund raising program at Caritas College of Nursing during unit level arts competitions**



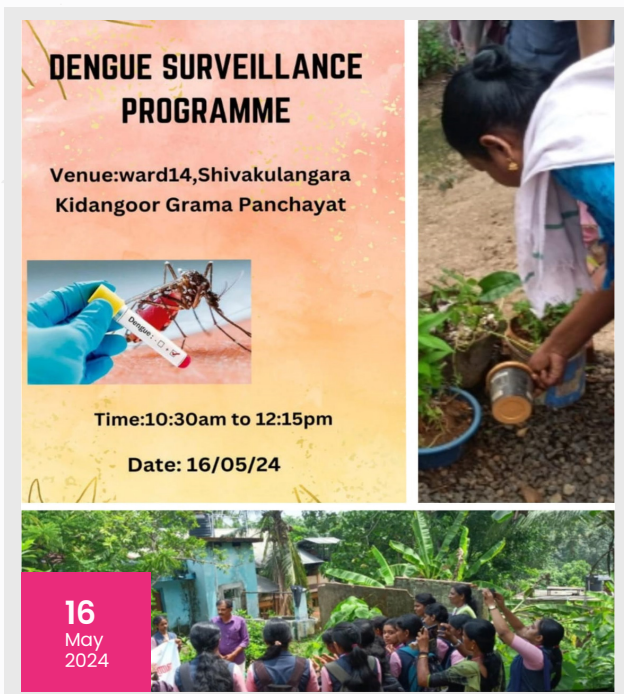
26  
June  
2024

**Mental Health Nursing Department in association with NSS celebrated International Day Against Drug Abuse and Illicit Drug Trafficking**

# HEALTH AWARENESS PROGRAMS



**Abro Bhavan- Old age home visit** program was conducted for Older Adults at Athirampuzha



**Home Visit** conducted for Dengue Surveillance at Kidangoor Grama Panchayat



**Educational Program** conducted on Prevention of Monsoon Diseases in association with Athirampuzha Panchayath and Karuthal Outreach Centre, Nalpathimala



Seminar conducted on **Medical and Legal aspects of drug abuse** in collaboration with Government Vimukthi mission, Excise department, Kottayam

# STUDENT SUPPORT AND GUIDANCE CELL

16  
March  
2024



Pre departure orientation program by NORKA (career guidance)

25  
May  
2024



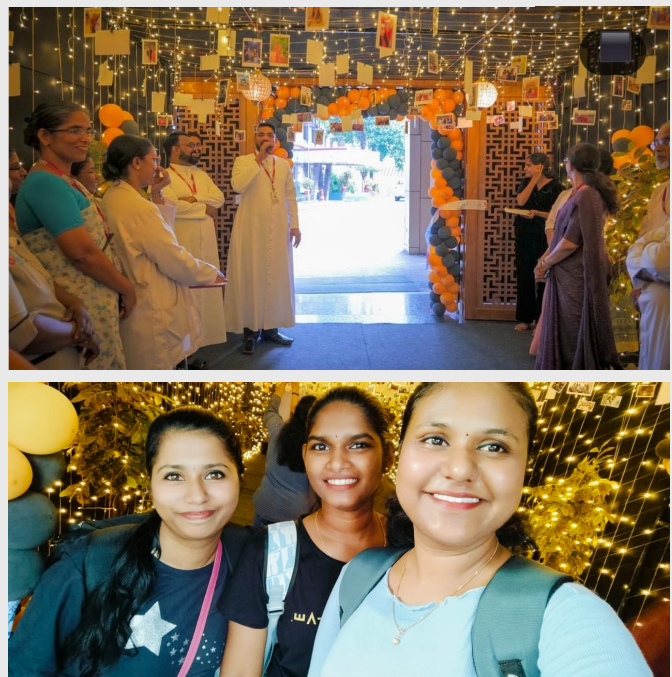
Seminar conducted on "How to create a perfect resume?" for 4th year BSc Nursing students

# WOMEN CELL

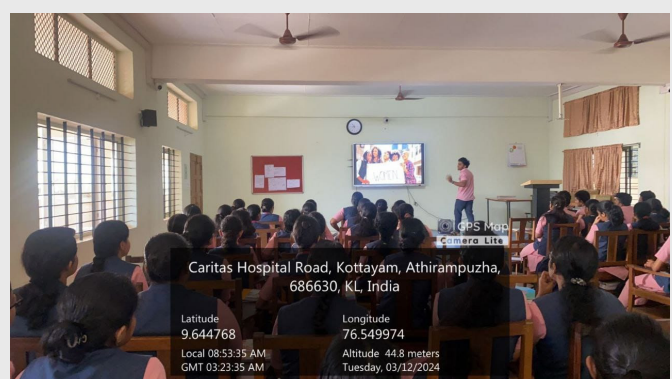
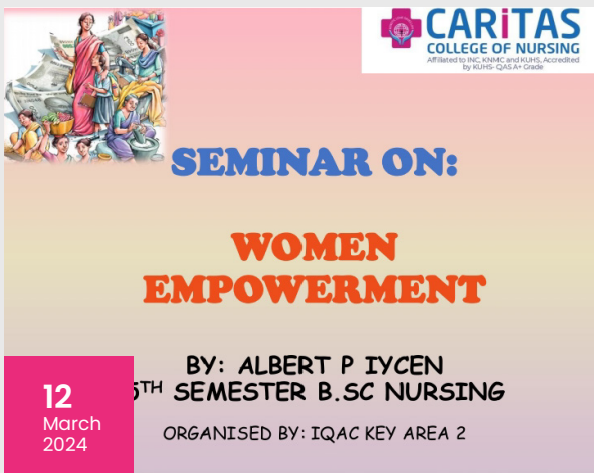
## INTERNATIONAL WOMEN'S DAY CELEBRATION



Self Defence Training for Women



Photocave : SAKHI



Seminar conducted on "Women empowerment" by Albert P Iyden, 5<sup>th</sup> Semester BSc nursing student

## ARTS FEST 2024



# STUDENT COUNCIL – SARANG

## CELEBRATIONS OF SPECIAL DAYS

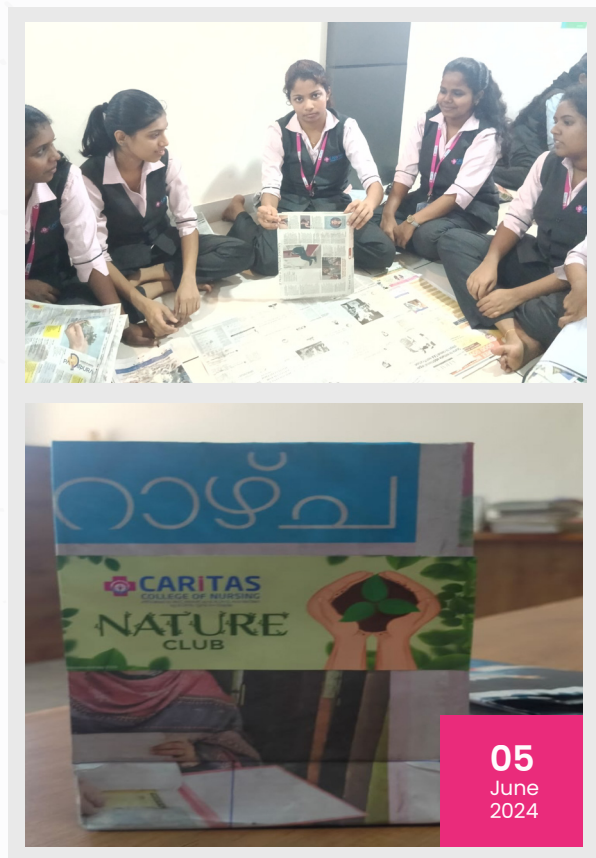


Nurses day celebration–“NIGHTINGALE’S ECHO”

## CLUB ACTIVITIES

### NATURE CLUB

#### ♦ World environment day



Planting trees

Preparing paper bag to Caritas pharmacy and Caritas general stores

## CELEBRATIONS



**Lamp Lighting Ceremony of 22nd Batch of BSc Nursing Students**

## CELEBRATIONS

05  
January  
2024



Farewell party of outgoing students



Sr. Lisy John , Vice-principal elected as Directress General of Caritas secular Institute on 7th may 2024

07  
June  
2024



Feast day celebration of Sr. Lisy John, Vice Principal

## SPECIAL EVENTS

03

March  
2024



Prayer meeting organized by JESUS YOUTH

01

June  
2024



Junior Caritasians Day

### REELS-QR CODES



NAVARASA 2024  
SNA Unit level  
cultural competitions



CIAO- Farewell Party



HOLI

## ACADEMIC TOPPERS



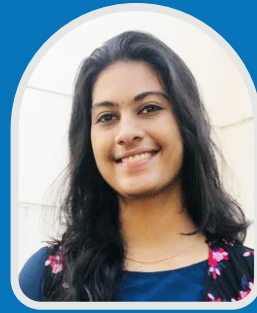
**Sr. MARIA  
ALPHONSE**  
II YEAR  
MSC NURSING



**Ms. SRUTHIMOL S**  
I ST YEAR  
PBBSC NURSING



**Sr. CICY GEORGE**  
II YEAR PBBSC NURSING  
(2021BATCH)



**Ms. ANJANA  
ABRAHAM**  
4TH YEAR  
BSC NURSING



**Ms. JISHAMOL  
JOSEPH**  
3RD YEAR  
BSC NURSING



**Ms. ATHIRA  
SURESH**  
4TH SEMESTER  
BSC NURSING



**Ms. AMALA  
JOHNSON**  
3RD SEMESTER  
BSC NURSING



**Ms. MINNA  
MATHEWS**  
3RD SEMESTER  
BSC NURSING



**Mr. KEVIN  
THOMAS**  
1ST SEMESTER  
BSC NURSING

## SHINING STARS OF CARITAS

BEST OUTGOING STUDENTS OF THE YEAR 2023-24



**Sr. MARIA  
ALPHONSE**  
2ND YEAR  
MSC NURSING



**Ms. DIYA  
ANNA DEPU**  
4TH YEAR  
BSC NURSING



**Sr. CICY GEORGE**  
2ND YEAR  
PBBSC NURSING



Established as Caritas School of Nursing in 1965 with  
General Nursing & Midwifery course

Upgraded to College of Nursing in 2002 Offering  
**B.Sc (N), P.B.S.Sc(N) & M.Sc (N) Courses**

MSc Nursing (2 years)-12 Seats, MSc(Medical Surgical Nursing)-4 seats  
MSc (Obstetric and Gynecologic Nursing)-4 Seats,  
MSc (Community Health Nursing)-4 Seats  
BSc Nursing (4 Year)-70 Seats, Post Basic BSc Nursing-15 Seats

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